



Sailing Instructions

2018 Spring Series Regatta
April 28, 29 & May 5,6, 2018

American Yacht Club
Rye, NY



1. RULES

- 1.1. The regatta will be governed by the rules as defined in *The Racing Rules of Sailing* (RRS).
- 1.2. RRS Appendix T “ARBITRATION“ shall apply.
- 1.3. The US Sailing Prescription Appendix V, Rule V1 “PENALTY AT THE TIME OF AN INCIDENT” shall apply.
- 1.4. The US Sailing Prescriptions to rule 63.2 shall not apply.
- 1.5. The Minimum Equipment Recommendations of the YRALIS (Category C) shall apply.
- 1.6. IRC Rule 22.4.2 is changed to include the following: Yachts may carry one additional crewmember less than 14 years of age, and such additional crew member shall not be counted against the crew number or crew weight limitations. Entrants who intend to carry an additional crewmember less than 14 years of age must so indicate by email to aycrc@americanyc.org no later than 1800 on Friday, April 27, 2018.
- 1.7. Rule 51 is changed to allow the use of a canting keel and Rule 52 will be changed to allow the use of stored power for the mechanism to cant the keel.
- 1.8. The regatta is designated as Level 2 under J/105 class rule 3.4, and Level A under J/105 class rule 3.6. The J/105 Fleet Six junior exemption (Article 9.8) will apply.
- 1.9. The YRALIS PHRF Regulation E Crew Weight Limits will apply.

2. NOTICES TO COMPETITORS, EVENT WEBSITE and VHF CHANNELS USED

- 2.1. Notices to competitors will be posted on the official notice board located on the Event Website at <https://www.yachtscoring.com/emenu.cfm?eID=4663>. The Race Committee will also make courtesy broadcasts on the VHF channels at 0930 on race days. The Race Committee will also make updates to the physical notice board on the porch of the American Yacht Club, however if there is any difference between them the board on Yachtscoring shall prevail.
- 2.2. Copies of notices posted on the official notice board may be distributed to competitors via email and/or text messages. Competitors are asked to ensure their contact details are input and correct on the event website. This functionality is a courtesy only and failure to send or receive any notices shall not be grounds for redress, this changes rule 62.1
- 2.3. VHF Channels used by the Race Committee to communicate with the competitors shall be as follows:
South Course VHF Channel: 69 **East Course VHF Channel: 71**

3. CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted no later than 2000 on the day before it will take effect.

4. SIGNALS MADE ASHORE

- 4.1. Signals made ashore will be displayed on the American Yacht Club main flagpole and announced on VHF Race Course Channels.
- 4.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 90 minutes' in the race signal AP.
- 4.3. Races will not be postponed ashore later than 1130.

5. SCHEDULE OF RACES for all classes EXCEPT Distance Class

- 5.1. The scheduled time of the warning signal for the first race on both courses each day is 1055.
- 5.2. More than one race may be held on any day at the sole discretion of the race committee.
- 5.3. If the race committee intends to start another race on the same day, it will display the second substitute (with no sound) while boats are finishing. When numeral pennants are displayed below the second substitute, the additional race will be held for those classes only. Classes awaiting the start of an additional race should assemble in the vicinity of the downwind end of the course and stay clear of boats that are still racing.

6. SCHEDULE OF RACES for Distance Class

- 6.1. Distance Races are scheduled for May 5 & 6, 2018 only. One Distance Race will be held each day. The first warning signal for the Distance Race is scheduled to be made at 1155 each day.

7. CLASSES AND CLASS FLAGS

- 7.1. Boats will be placed in classes at the discretion of the race committee, designated by numerals (1, 2, 3 etc.). Class flags will be numeral pennants. Each boat shall display the numeral pennant for its class on its permanent backstay or, in the absence of a permanent backstay, from its stern rail.
- 7.2. A listing of entrants by class and course assignment (East or South) will be available at the Club front desk and on the Event Website by 1200 on the day before the first race, and from race committee support boats in the starting areas.
- 7.3. Boats sailing in the Distance Races will be placed into one separate class by the Race Committee and will include boats sailing both with spinnakers and without spinnakers.

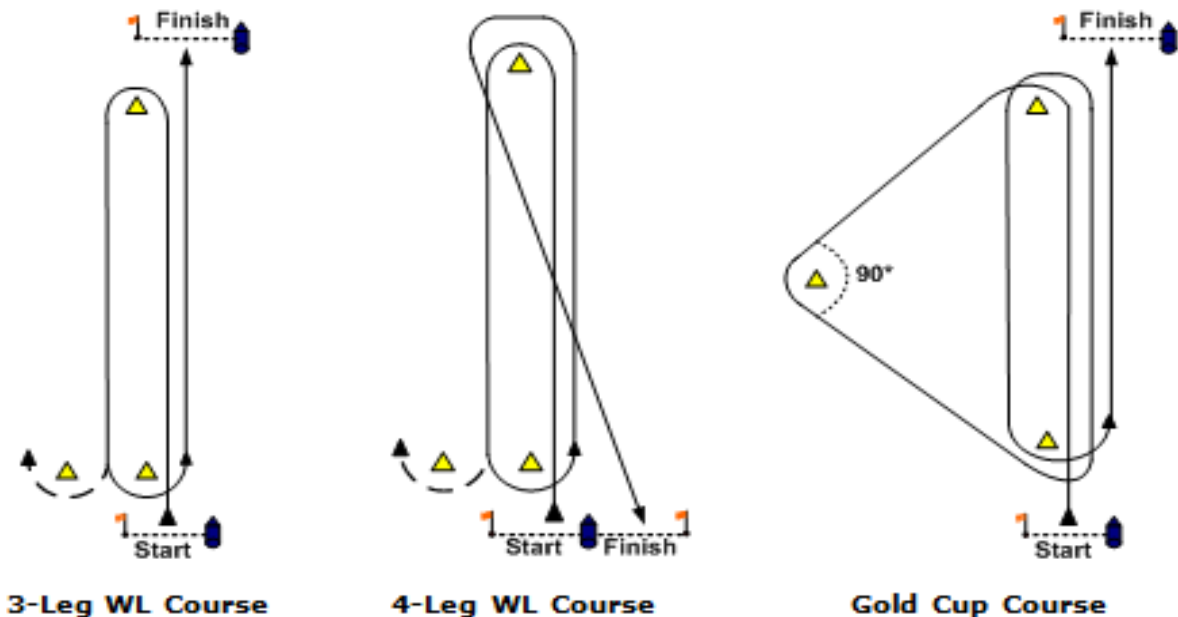
8. RACING AREAS

- 8.1. There will be two separate race areas to which classes will be assigned, the East Course and the South Course.
- 8.2. The East Course is located approximately mid-Sound, east of Milton Point.
- 8.3. The South Course is located approximately mid-Sound south of Milton Point.
- 8.4. Distance Races will be conducted from the East Course.
- 8.5. The approximate position of the starting areas will be announced at 1015 each day for all classes on their respective VHF channels.

9. THE COURSES

- 9.1. The course for each race will be Windward-Leeward (WL), Gold Cup (G) or a course set around government marks.
- 9.2. For WL or G courses the race committee signal boat will display the magnetic bearing and range, in nautical miles and tenths, from the signal boat to the windward mark. The signal boat will also display the number of legs (for WL only) and numeral 9 for Gold Cup for each class. For races around government marks the letters designating the government marks will be displayed on a course board or a white board. This information will also be announced on the race area VHF channel.
- 9.3. For WL courses the leeward mark will be a gate, in the event one of the gate marks is missing the remaining gate mark shall be rounded to port.
- 9.4. Sample course board and configurations for WL or G courses (labels may not be displayed):

Bearing	Range	Division	Course
2	1	1	9
3	5	2	4
0		3	4
		4	3



- 9.5. At the discretion of the race committee, one or more races in the series may be sailed around government marks from the start, around specified government marks, and then to the finish.
- 9.6. If government marks are to be used, the race committee signal boat will signal the course by letters according to Sailing Instruction Appendix A. Marks shall be rounded in the order signaled (reading the course board column by column, top-down, then fore-aft) and left on the hand so that the rhumb line to the next mark will not cross the rhumb line from the previous mark. If the next mark is reciprocal, the mark shall be left to port when rounding.
- 9.7. If X is signaled as a mark of the course, the course board will display the magnetic bearing and range in nautical miles and tenths from the race committee signal boat to mark X.

- 9.8. A sample course board using government marks is shown below (labels may not be displayed) In this example the sequence of marks for all Divisions would be: Start, F, X, A, G, A, Finish. Since the leg from G to A is reciprocal of the previous leg, G would be left on the port hand.

Mark	Mark	Bearing	Range
F	A	1	2
X		2	0
A		0	
G			

10. MARKS

- 10.1. Marks shall be inflatable buoys as follows:

	Original Marks	Starting Mark	Finish Mark	Change Marks
East Course	Yellow Tetrahedron	Orange	Orange	Orange
South Course	Orange Tetrahedron	Yellow	Yellow	Yellow

- 10.2. If the Race Committee displays flag C with class flag(s), with multiple sound signals during the starting sequence the windward mark shall be, for the class(es) starting, a change mark as defined in 9.1.
- 10.3. Each original Windward mark will have an offset buoy approximately 75 yards and a Ninety-degree angle from the posted wind direction. This buoy will be a red hipity-hop and must be honored. For any change of course, the change mark will not have an offset buoy.

11. THE START

- 11.1. The starting line for all classes will be between a staff displaying an orange flag on the Race Committee Signal Boat at the starboard end and the course side of the port-end Starting Mark.
- 11.2. Races will be started as follows: Five minutes before the daily first warning signal of the first class only, flag F will be displayed with 1 sound. One minute before the daily first warning signal of the first class, flag F will be removed with 1 horn. This changes Rule 26.
- 11.3. Boats whose warning signal has not been made shall keep clear of the starting area.
- 11.4. A boat that starts later than 10 minutes after her starting signal will be scored DNS without a hearing. This changes Rules 63.1, A4 and A5.

12. RECALLS

The race committee will attempt to identify OCS boats and to broadcast their sail numbers on the race course VHF channel. Failure of a boat to see or hear her recall notification, and the timing and order of such hail, shall not be cause for redress, this changes Rule 62.1.

13. CHANGE OF COURSE

To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change, a new mark

is replaced, it will be replaced by an original mark.

14. THE FINISH

- 14.1. The finishing line for all courses will be between a staff displaying a blue flag on an official boat and the course side of the Finish Mark.
- 14.2. The race committee may assign a finish time to a boat if doing so will enable another race to be started as quickly as possible, this changes Rule A5.
- 14.3. For WL Courses with an odd number of legs and Course G, the finishing line will be located approximately 200 yards to windward of the windward mark on the same bearing as the last leg.
- 14.4. For WL Courses with an even number of legs, the finishing line will be located approximately 200 yards to leeward of the leeward mark or gate on the same bearing as the last leg and the finishing mark will be on the opposite side of the race committee signal boat from the starting mark.
- 14.5. For government mark courses, the finish will be at an official boat in approximately the same location as the starting boat and the finish mark will be on the opposite side of the of the official boat from the starting mark.

15. TIME LIMIT

- 15.1. For courses WL and G the time limit for the first boat to sail the course and finish in each class will be 2-1/2 hours from the starting time of that class. Boats failing to finish within 30 minutes after the first boat in the class sails the course and finishes will be scored "Did Not Finish" (DNF) without a hearing. This changes Rules 35, A4, and A5.
- 15.2. For courses using government marks, the time limit for the first boat to sail the course and finish in each class will be 3-1/2 hours from the starting time of that class. Boats failing to finish within 60 minutes after the first boat in the class sails the course and finishes will be scored "Did Not Finish" (DNF) without a hearing. This changes Rules 35, A4, and A5.

16. PROTESTS AND REQUESTS FOR REDRESS

- 16.1. Rule 61.1(a) is changed to require that the red flag must be flown from the permanent backstay, or, in the absence of a permanent backstay, on the stern rail.
- 16.2. Rule 61.1(a) is changed to include the following notice and procedures: At any time after the incident, up to and including immediately after finishing, a protesting boat shall notify the race committee over the race course VHF channel of its intent to lodge a protest and the identity of the boat it intends to protest. The race committee will identify all protests for that race received by the Committee by broadcast over the racecourse VHF channel. Broadcasts will commence approximately 5 minutes after the first boat has finished and will be repeated at approximate 15-minute intervals until the last boat has finished. These broadcasts are made only as a courtesy to competitors. Failure of the race committee to make such broadcasts or a competitor to hear such broadcast shall not be grounds for redress. This changes RRS 62.1(a).
- 16.3. At the first reasonable opportunity during, or immediately after, the race, a boat that accepted a One-Turns Penalty or Two-Turns Penalty shall report that fact to the race committee on the racecourse VHF channel and identify the other boat(s) involved in the incident. This changes Rule 44.2.

- 16.4. Competitors are requested to use the standard US Sailing protest form for filing protests and requests for redress. Protest forms are available at the Front Desk in the lobby of American Yacht Club and on the Event Website <http://www.yachtscoring.com/emenu.cfm?eID=2994>.
- 16.5. Written protests shall be delivered to the Jury Desk located in the lobby of American Yacht Club within one hour after the race committee signal boat for that class docks. The time limit will be posted on the official race committee notice board (Event Website). A list of protests, and the order in which they will be heard, will be posted on the official notice board (Event Website), no later than 30 minutes after the protest time limit expires.
- 16.6. Protest hearings will be held at American Yacht Club as soon as possible after each day of racing. A protest against a boat whose representative is not present in the vicinity of the Jury Desk may be heard without representation from the protested boat as provided in Rule 63.3(b).
- 16.7. It is the responsibility of the parties to ensure that their witnesses are available when called to testify. If witnesses are not in the vicinity of the Jury Desk when called, they may not be heard.
- 16.8. The arbitrator will not be a member of the Jury that hears the protest, but may be permitted to observe the testimony given to the Jury and offer testimony. This changes Rule 63.3(a).

17. SCORING

- 17.1. One race constitutes a series.
- 17.2. If fewer than five races are completed, a boat's series score will be the total of her race scores. If five or more races are completed, a boat's worst score will be excluded subject to Rule 90.3(b).
- 17.3. The IRC division will be scored using Time on Time.
- 17.4. Boats sailing in the Distance Races will be scored under ORR. Boats racing in the IRC division of the Spring Series will also be scored separately under ORR as a courtesy and solely for informational purposes.
- 17.5. The PHRF division will be scored using the handicaps provided by the YRALIS and the course distance. Course distances as determined by the race committee will not be grounds for redress, this changes Rule 62.1.
- 17.6. A boat scored DNF will receive points equal to the number of boats in her class that sailed the course and finished within the time limit plus two points. This changes Rules A4.1, A4.2, and A5.

18. WITHDRAWAL

A boat withdrawing before the start or retiring from a race for any reason is requested to notify the race committee at the earliest possible opportunity on the racecourse VHF channel or by telephone to American Yacht Club marine office at (914) 967-4800.

19. ELECTRONIC COMMUNICATION

- 19.1. Each boat shall carry a radio capable of transmitting and receiving VHF channels 16, 69, and 71.
- 19.2. Except in an emergency or to report a protest or withdrawal, a boat shall neither make nor receive any type of electronic communication while racing that is not freely available to all boats.
- 19.3. The race committee may announce changes to the starting line or the course on the Course VHF channel. Failure to hear such broadcasts shall not be grounds for redress. This changes Rule 62.1.

- 19.4. Competing boats shall not communicate by radio with commercial craft, except in an emergency. Failure to comply with this instruction may result in a Rule 2 hearing against the offending boat.

20. PRIZES

- 20.1. Prizes will be awarded at American Yacht Club as soon as possible after the final race and protest hearings to the boats with the best total scores in each class.
- 20.2. The JOYETTE, ZILPH AND CYNOSURE TROPHIES will be awarded to the boats which, in the judgment of the Race Committee, have the best performance in the PHRF, Level, and IRC divisions respectively.
- 20.3. The ROGER SHERMAN MEMORIAL TROPHY will be awarded to the boat which, in the judgment of the Race Committee, has the best combined performance in the Spring Series Regatta and Fall Series Regatta. This trophy will be awarded at the conclusion of the Fall Series Regatta.
- 20.4. The GERARD T. HANNON MEMORIAL TROPHY may be awarded at the discretion of the Race Committee to a boat or person demonstrating exceptional sportsmanship or fair play.
- 20.5. Prizes for the Distance Races will be awarded as follows: first place prize for two or more entries; second place for four or more; and third place for six or more.

21. NAVIGATION RULES

All boats are cautioned to observe the Navigation Rules of the Road and to yield right of way to vessels restricted in their ability to maneuver, especially to tugs and barges. Any boat observed to impede such traffic may be protested by the race committee.

22. DISCLAIMER OF LIABILITY / RESPONSIBILITY FOR SAFETY

By participating in this event and any related activity sponsored or undertaken by American Yacht Club (AYC), the owner, helmsman and each crew member agree: that they understand that sailing is an activity that has an inherent risk of serious bodily injury (including permanent disability, paralysis and death by drowning or otherwise), property damage and other economic loss; that the safety of the boat and her crew and the decision whether or not to start or continue to race is solely their responsibility and at their own risk, see RRS 4 "Decision to Race"; that AYC and its officers, trustees, members, committees, employees, agents and sponsors will not be responsible for damage to any boat or other property, or to any participant, including injury or death; and that each of them releases and waives all claims which he or she, or any heir, representative, successor or assignee, may have against AYC and its officers, trustees, members, committees, employees, agents and/or sponsors, arising out of or in any way connected with participation in such race or activity. Assistance, if any, from the race committee or other AYC vessels, or patrol boats, from any personnel manning them, is at the risk of the participant.

23. OTHER DOCUMENTS

Forms, documents, scratch sheets, and results related to this event are located on the Event Website. <https://www.yachtscoring.com/emenu.cfm?eID=4663> Competitors should consult the official Race Committee Notice Board for final information.

24. CONTACT INFORMATION

American Yacht Club, 499 Stuyvesant Avenue, Rye, NY 10580 Phone: (914) 967-4800

www.americanyc.org

Email: aycrc@americanyc.org

John L. Myles, Jr.

Principal Race Officer, East Course

Nicholas S. Everett

Principal Race Officer, South Course

Don Dowd & Sandy Weil

Race Committee Co-Chairs

Robert Fear & John Fryer

Protest Committee Co-Chairs

Mark Ploch

Technical Committee Chair

American Yacht Club cordially extends the privileges of the Clubhouse and harbor facilities to all participants before and after racing.

APPENDIX A

A1 MARKS FOR DISTANCE RACE

A1.1 Mark X, if signaled, will be an inflatable mark as prescribed in SI 9, and located at a range and bearing from the race committee signal boat as displayed on the course board. Note that Mark X may be used anywhere in the course.

A1.2 Marks for the distance race will be designated as follows:

A N "40A" Scotch Caps	F G"23" Sands Point	K G"17" Oyster Bay	P R"32A" Mid-sound
B R"42" Mamaroneck	G R"4" Prospect Pt	L G"15" Lloyd Point	Q G"1" Greenwich
C C"1" Delancey Pt	H R"6" Mott Point	M GR "E" Eatons Neck	R R"38" Playland
D R"2" Larchmont	I G"21" Matinecock	N R"28C" Norwalk	
E C"1" Execution Rock	J G"19" Oak Neck Pt	O R"32" Stamford	

